

Bliemeister J: An empirical test of theoretical constructs essential to NLP. Zeitschrift fuer Klinische Psychologie 17 (1): 21-30, 1988.

Abstract: Investigates the validity of the theory of representational systems used by Bandler and Grinder to explain the efficacy of neurolinguistic programming (NLP). The eye movements of 40 right-handed and 40 left-handed subjects were videotaped while the subjects answered questions. Closed questions directed at the activation of particular representational systems, while open questions left the choice of preferred category of process words (visual, auditory, kinesthetic) to the subjects and should thus have revealed the presence of primary representational systems. The results did not provide support for any of the theoretical constructs of NLP under investigation. (Journal/Sally Bellows - ZPID)